



Fairfax Oral and
Maxillofacial Surgery

Henry W. Zussman, D.D.S.*

Peter W. Smith, D.D.S.

Patrick J. Dolan, D.D.S., M.S.

Jeffrey A. Lane, D.D.S.*

Kimberly A. Silloway, D.D.S.

Jonathan J. Park, D.M.D., M.D.

Daniel M. Theberge, D.D.S.

Cyrus A. Ramsey, D.M.D., M.D.

Steven F. Robertson, D.D.S.

Diplomates of the American Board
of Oral and Maxillofacial Surgery

Fairfax
10530 Rosehaven Street, Suite 111
Fairfax, VA 22030
(703) 385-5777

Centreville
6211 Centreville Road, Suite 800
Centreville, VA 20121
(703) 266-0026

Reston
1800 Town Center Drive, Suite 416
Reston, VA 20190
(703) 435-7100

Burke
5252 Lyngate Ct., Ste. 101
Burke, VA 22015
(703) 764-2077

Woodbridge
3421 Commission Court, Suite 202
Woodbridge, VA 22192
(703) 672-4200

www.fairfaxoralsurgery.com

**Emeritus*

SINUS PRECAUTIONS

Sinus exposure is a perforation between the sinus cavity and the oral cavity. Not following these instructions could lead to prolonged healing or a permanent sinus opening.

- *Do not blow your nose – use nasal saline spray as needed*
- *Sneeze with your mouth open, do not hold your sneeze in*
- *Do not lift heavy objects or bend over*
- *Use sinus decongestants as directed by your physician*

Continue following these instructions until directed otherwise. If you have any questions, please call our office. If calling after business hours, you will be directed to an after-hours answering service at 703-476-3708 and a doctor will promptly return your call.